

**VAASTU
SHASTRA**

VEDIC THTYA

Vastu in Sanskrit means nature , a surrounding or environment. The word "vastu" denoting anything existing such as house, shelter, building etc. Shastra in sanskrit means systems. Vastu shastra is an ancient art and science, containing principles and practises of constructing buildings which ensures a harmonious balance between man and nature **and** thereby bring all round happiness, health, wealth and prosperity. Vastu Shastra is a science which teaches us to be compatible and create a perfect harmony between "Panch-tatva" (the five essential elements of nature) namely Akash (Sky), Prithvi (Earth), Paani - Jal (Water), Agni (Fire) & Vayu (Air) and also Pranic Oorja (Cosmic/solar) & Jaivic Oorja (Organic energies) .

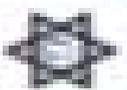
THE PANCHMAHABHUTA

In the universe every thing is constructed by the five elements. The principles of Vastu Shastra are also based on these five basic elements. These five elements are also called as PANCHMAHABHUTA. So first, we shall discuss about the principles related to the five elements (*earth, water, fire, air and space*). Thereafter, we will present the guidelines associated with various directions.

पश्चिम

पूर्व

NE



E

SE

उत्तर

दक्षिण

N

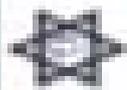


S



NW

W



SW

उत्तर

दक्षिण

संस्कृत



पश्चिम

पूर्व

SPACE

1. FACTORY SHED SLOPE SW OR NE

2. HEIGHT MORE SW

3. MEZANINE FLOOR SW

4. OPEN SPACE MORE NE

5. STAIR CASE SW OR S

FIRE	
1. GEYSER	SE OR NW
2. GENERATOR	SE OR NW
3. HEATERS	SE OR NW
4. JUNCTION BOX	SE OR NW
5. KITCHEN (FIRE PLACE)	SE

WATER

DIRECTION

1. RAIN WATER
SLOPE

NE

2. OVER HEAD
TANK

NW OR W OR SW

3. UNDER
GROUND TANK

NE

4. TUBEWELL

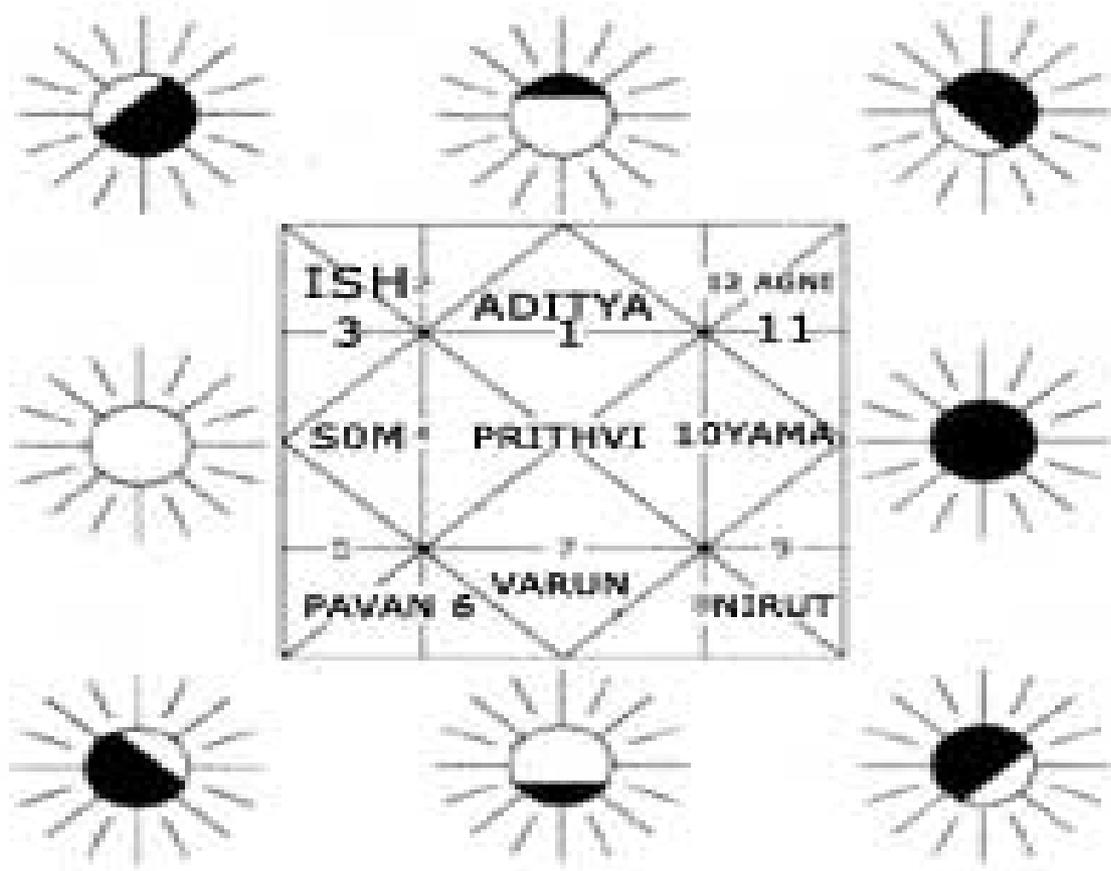
NE OR E

AIR	DIRECTION`
1. BALCONY	N
2. DOOR	N
3. VERANDHA	N-E
4. WINDOWS	N & S

EARTH	DIRECTION
1. ANGLES OF THE PLOT	SW EXACT 90 DEGREE NE LESS THAN 90 DEGREE NW & SE MAY VARY ACCORDINGLY
2. DRAWING ROOM	NE
3. FLOOR LEVEL	NE LOW
4. BEDROOM	SW
5. LAND LEVEL	NE LOW
6. MAIN GATE	N-E

PRANIC ENERGY
E

JAIVIC ENERGY
Z



5

W

(1) solar energy termed as (Pranic) energy or the cosmic energy, and

(2) electromagnetic flux termed as (Jaivic) energy or the organic energy.

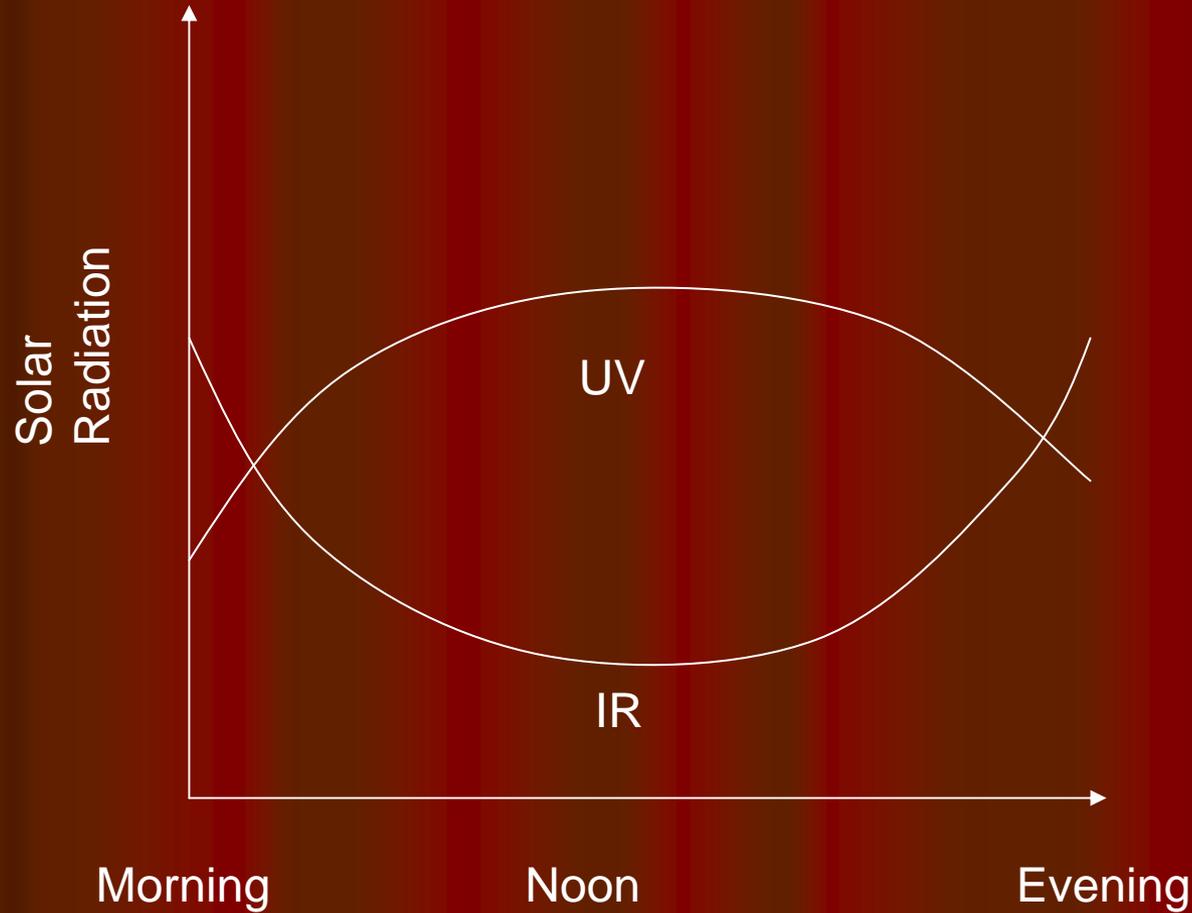
Pranic or the solar force field can be represented as an everchanging dynamic vector referenced to solar position and moves through 360 degrees in relation to the earth's position. On the other hand, Jaivic or organic force field is unidirectional with vectors directed from North to South poles.

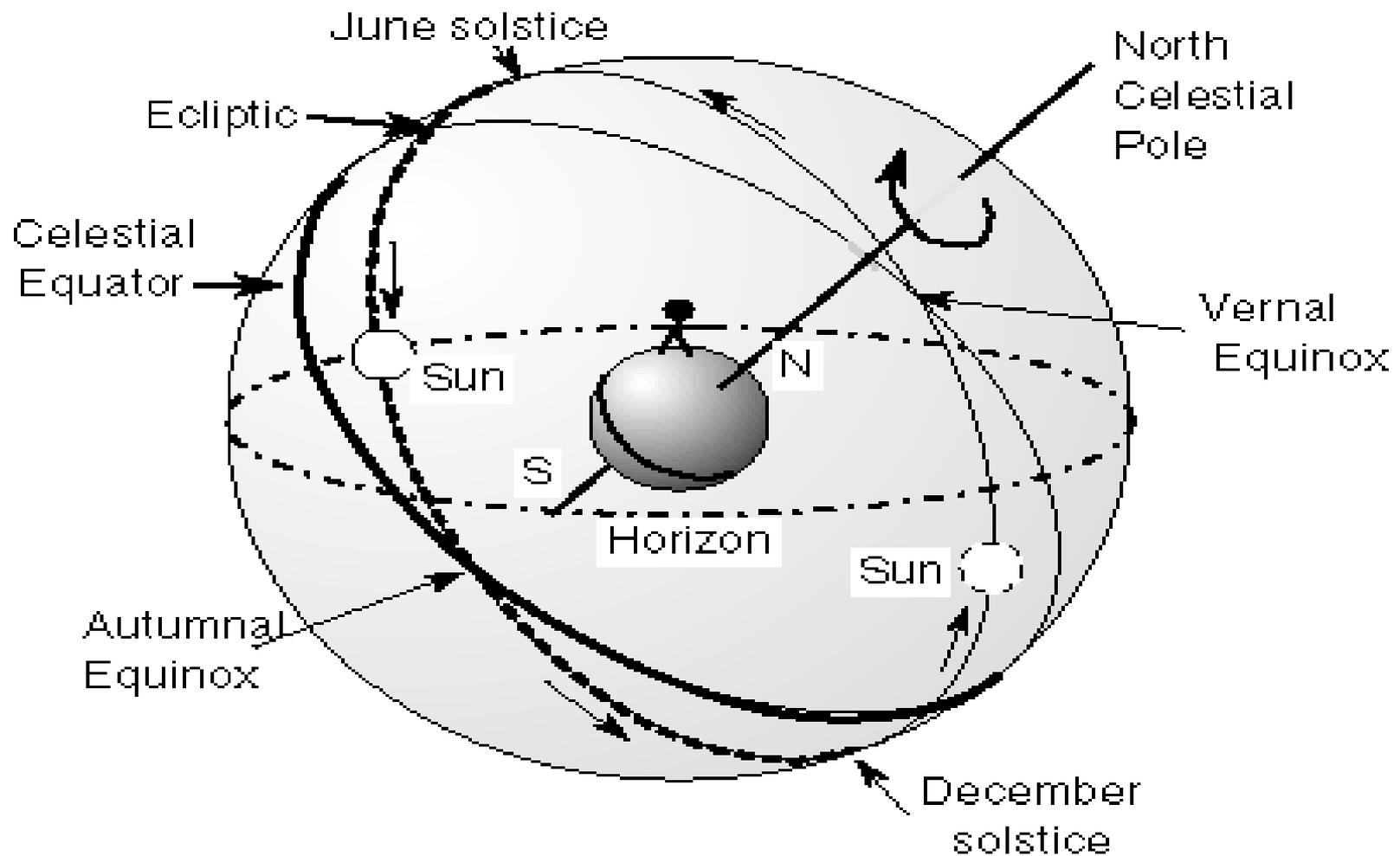
- The term Jaivic Urja (organic energy) in ancient scripts refers to the North- South geomagnetic flux. These field lines orient and fix energy centres in living organisms. This eternal unidirectional flow defines, propagates and directs the 'existence' at a cellular level in all living entities. The Pranic Urja (cosmic energy) refers to the highly energetic solar energy flux, the intensity of which varies with the relative position of the sun with respect to the earth. The dark portion of the solar disk indicates the relative intensity of solar flux received by the earth, i.e., from the South direction the earth receives the maximum amount of solar energy. As such, the North-East is termed as the source of all energies and the South-West is termed as the sink of all the energies.

East-South-West is considered as the solar kingdom and West-North-East is called the lunar kingdom. During sunrise, for the first 2-2.5 hours, the sun provides energy for promotion of life. It lies in the East direction and its primary energies are good for existence of all life-forms. The next three hours it starts radiating more and more energy in the environment and is called the state of Agni (fire). This is the time when it starts moving on its mission gradually, providing negative effects. During this period the sun lies in the South-East zone.

The next three hours, in its third phase, a complete glow and aura of the sun starts coming out with its full force and energy. This is called Yama- a scorching and devastating state of the sun. During this period, the sun lies exactly above the head, i.e., in South-mid-horizon. This is the reason why the South is called the direction of Yama (Lord of death). After giving out all its radiation, the following three hours the sun rules over the entire horizon with its complete command. This is called Gagan, a state associated with sorrow due to the sun's excess thermal activity and its location in the South- West. At sunset it cools down and directs its rays towards the moon for its night-reign.

ELECTROMAGNETIC WAVES ASPECT

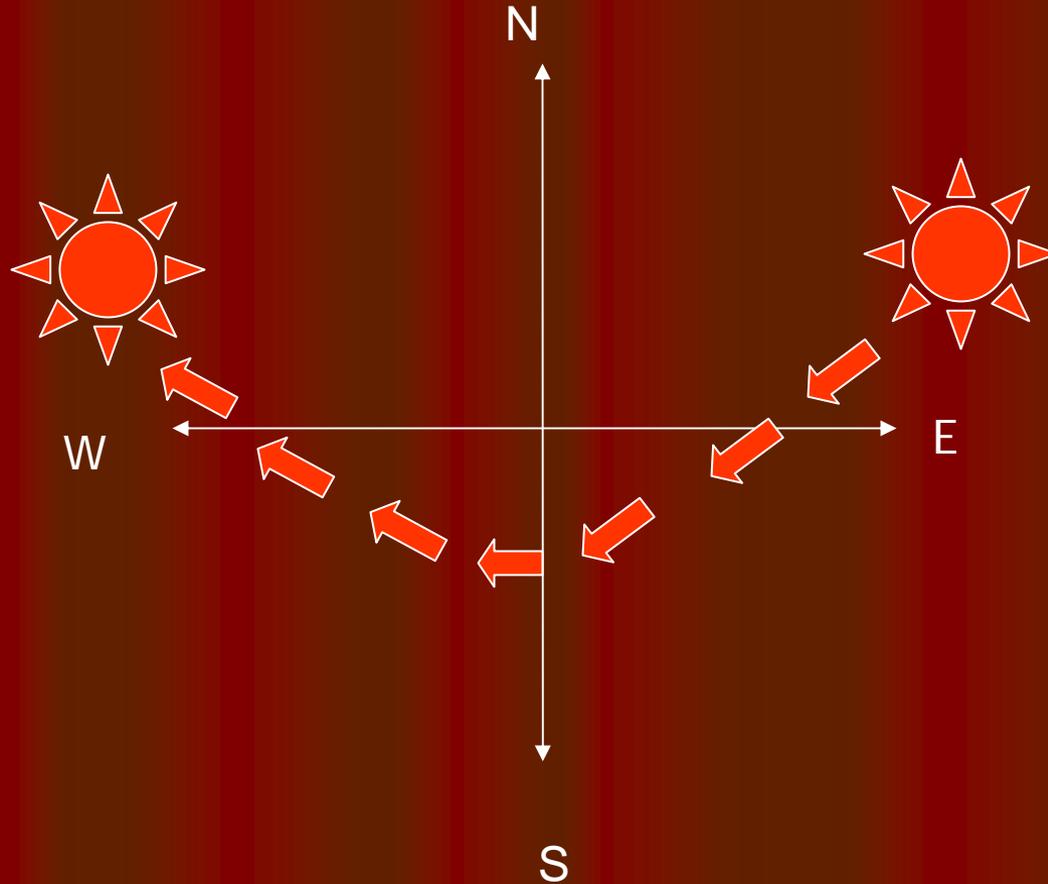




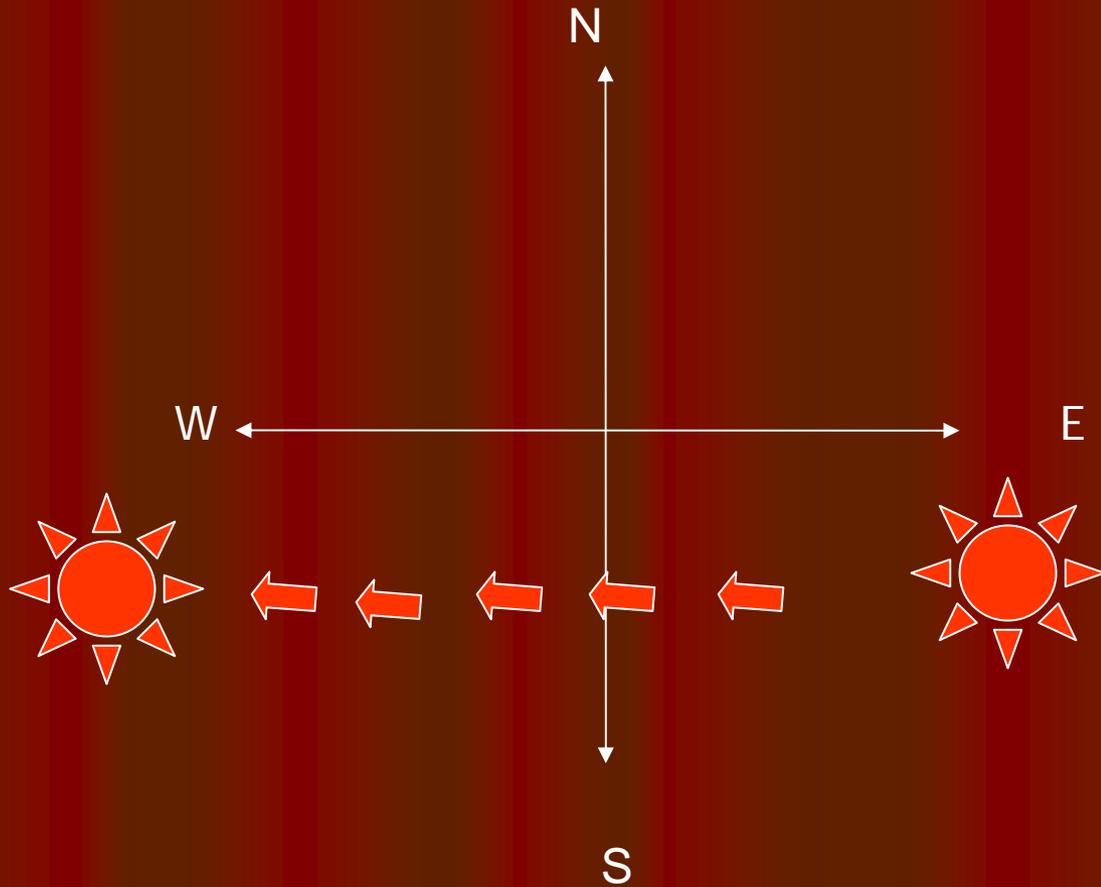
The Sun moves among the stars along the ecliptic, completing one 360° path in one year. The ecliptic is tilted by 23.5° with respect to the celestial equator. The Sun's position on the celestial sphere in August (full circle) and in February (dashed circle) is shown.

When the Sun is above the celestial equator during the seasons of spring and summer, you will have more than 12 hours of daylight. The Sun will rise in the northeast, follow a long, high arc north of the celestial equator, and set in the northwest. Where exactly it rises or sets and how long the Sun is above the horizon depends on the day of the year and the latitude of the observer. When the Sun is below the celestial equator during the seasons of autumn and winter, you will have less than 12 hours of daylight. The Sun will rise in the southeast, follow a short, low arc south of the celestial equator, and set in the southwest. The exact path it follows depends on the date and the observer's latitude.

LIGHTING ASPECT

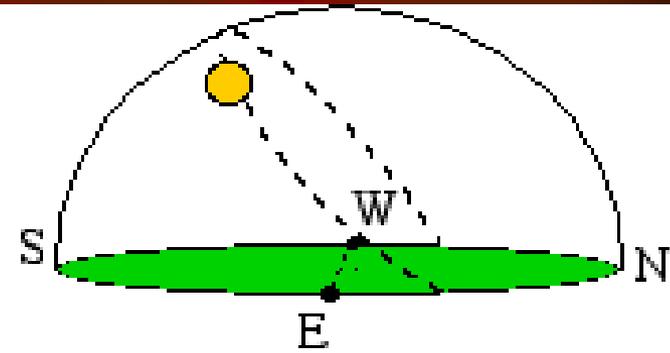
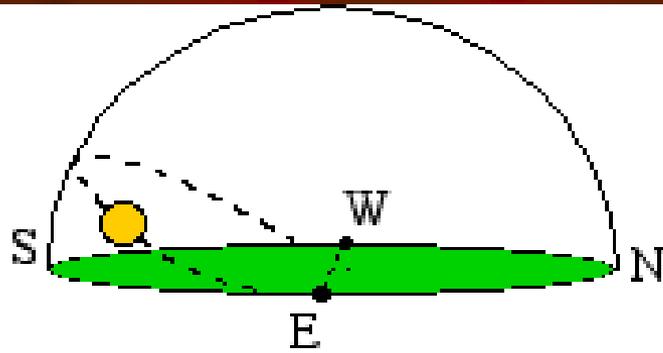


DIRECTION OF SUN IN SUMMER SEASON

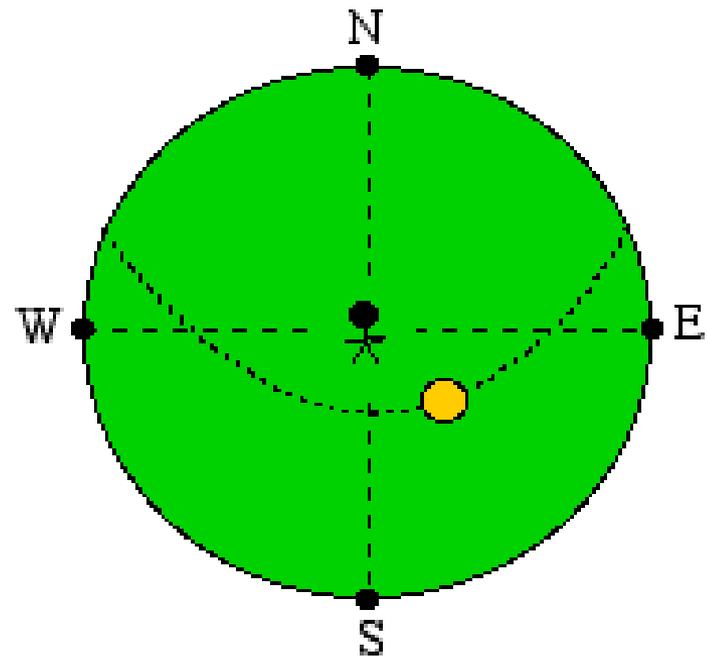
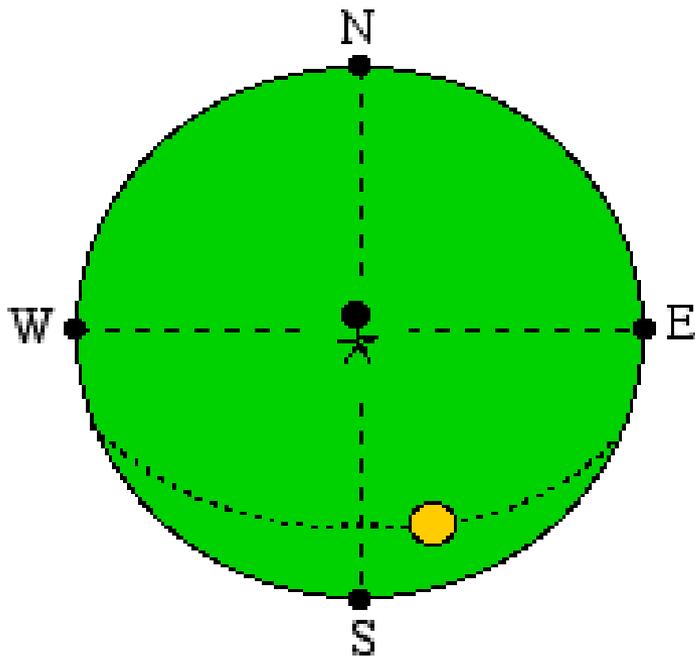


DIRECTION OF SUN IN WINTER SEASON

side view



top view



Fall + winter: short, low path.
Sunrise in southeast
Sunset in southwest

Spring + summer: long, high path
Sunrise in northeast
Sunset in northwest

GATE

DRAWING ROOM

KITCHEN

N



S



TOILET

MASTER BED ROOM

E



W



NORTH

1. Large open space

2. Balcony

3. Doors

4. Windows

5. Verandah

6. Portico

7. Wash Basin

8. Level of Land-lower

NORTH-WEST

1. Cowshed

2. Bed Rooms

3. Garage

4. Servant quarters

5. Septic Tank

6. O.H. Tank

7. Cash Counter

8. Finished

NORTH-EAST

1. Pooja

2. Rain water slope

3. Tubewell

4. Main gate

5. Wash Basin

WEST

- 1.O.H. Tank
- 2.Dining
- 3.Land Level-Higher
- 4.Raised construction
- 5.Closed space
- 6.Toilets
- 7.Raw Material
- 8.Trees
- 9.Small Open Place

EAST

- 1.Lage open space
- 2.Portico
- 3.Doors
- 4.Windows
- 5.Verandah
- 6.Balcony
- 7.Wash Basin
- 8.Level of Land-Lower

SOUTH- WEST

1.Master
Bedroom

2.Staircase

3.Raw
Material

4.Machines

5.Cash
Counter

6.Furnace

SOUTH- EAST

1.Kitchen

2.Generat
ors

3.Car
Garage

4.Septic
Tank

5.Transfor
mer

6.Fire
place

7.Boiler

SOUTH

1.Smaller
open space

2.Level of
Land-Higher

3.Raised
construction

4.Closed
space

5.Machines

6.Trees

7.Attic

MODERN PHYSICS AND VASTU

- Gravitational interactions, as per Einstein's theory of relativity, can be interpreted in terms of space-time geometry.
 - Man has no control over time factor, but for harmonious relationship with the cosmos, he can alter the space he lives in.
 - Vastushastra defines and shapes spaces for designing dwellings that are in harmony with nature, and are beneficial to the mind and body of the persons occupying these houses. 'Dik-kal' (dik=direction, kal=time) is the theme of Vastushastra. Space-time is its reflection in modern physics.

SCIENTIFIC JUSTIFICATION

- ORIENT RATING
- FACT FINDING RATING(FFR)

For designing criteria, six-key accommodation units, namely, the gate, drawing room, kitchen, toilet, stair, and bad room of a resident were taken into consideration. There are eight possible direction for orienting these units [that is, for coordinial direction, namely, North, South, East and west and four angular direction, namely NE, NW, SE, SW]. Grading scales were evolved for each of the accommodation units on the basis of various aspect of the environment, namely, lighting, ventilation, energetic electromagnetic waves, size and aestheticity. Each aspect has its own importance. Negligence of any one aspect may negate the effect of all others. The evolved design criterion was then tested in the field by taking 50 random residence from the city of Lucknow. The various accommodation units were awarded marks as per the evolved grading system and, thus, the total calculated value are the overall rating of each residence was called as the orient rating.

ORIENTATIONS FOR THE RESIDENTIAL UNITS

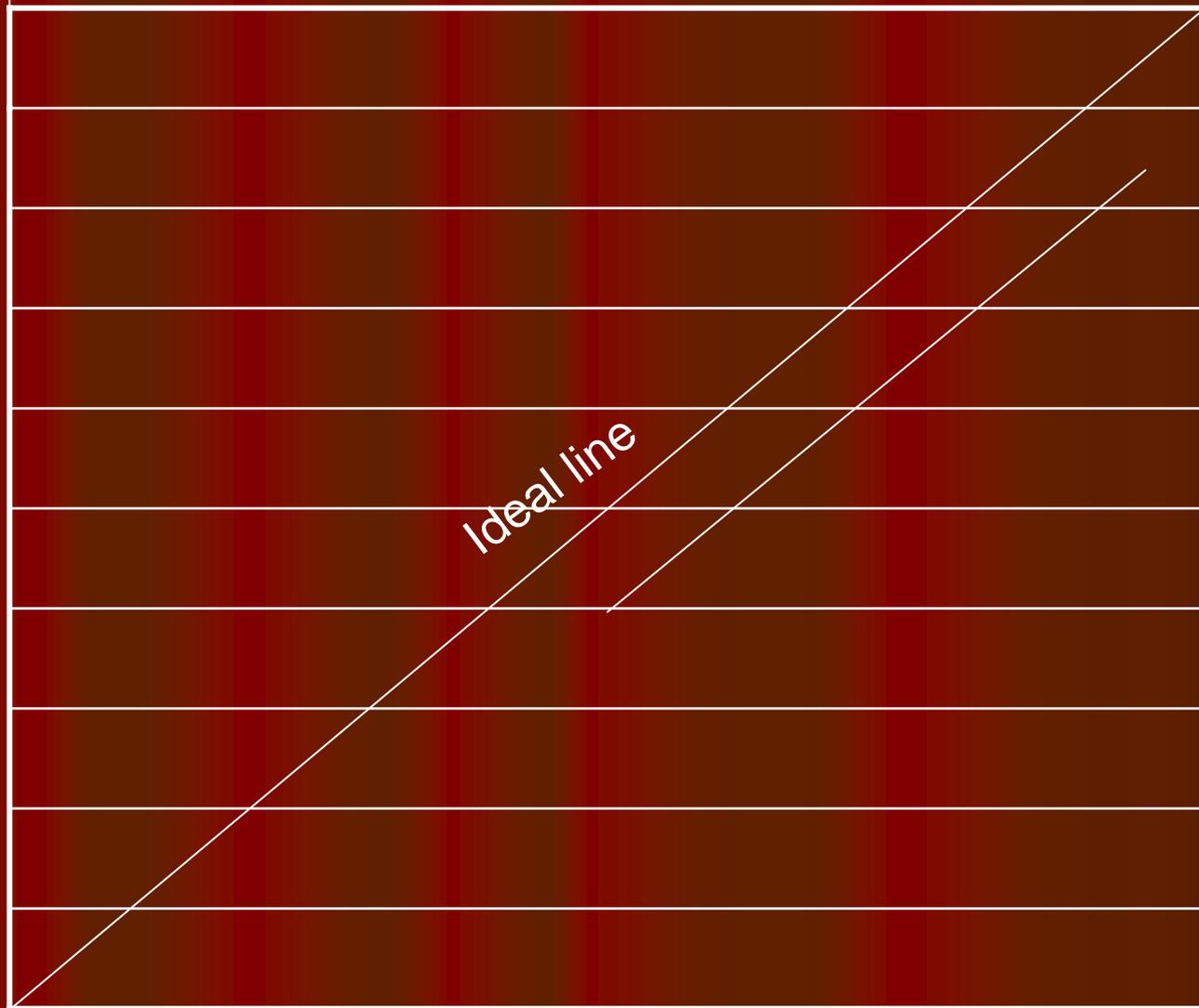
Grading Weight	BEDROOM	DRAWING ROOM	KITCHEN
10	SW	NE	SE
9	S	E	S
8	W	N	E
7	NW	NW	SW
6	N	SE	NE
5	SE	W	W
4	E	S	NW
3	NE	SW	N

FFR

The details of scoring method of various components of a residential were personally interviewed to record the event the feeling of the dwellers with help of a questionnaire. And the answers were recorded . Thus, the overall feeling called as the Fact finding Rating, were observed. The two rating were compared during the analysis of the data.

FACT FINDING RATING

100
90
80
70
60
50
40
30
20
10
0



20

40

60

80

100

ORIENT RATING

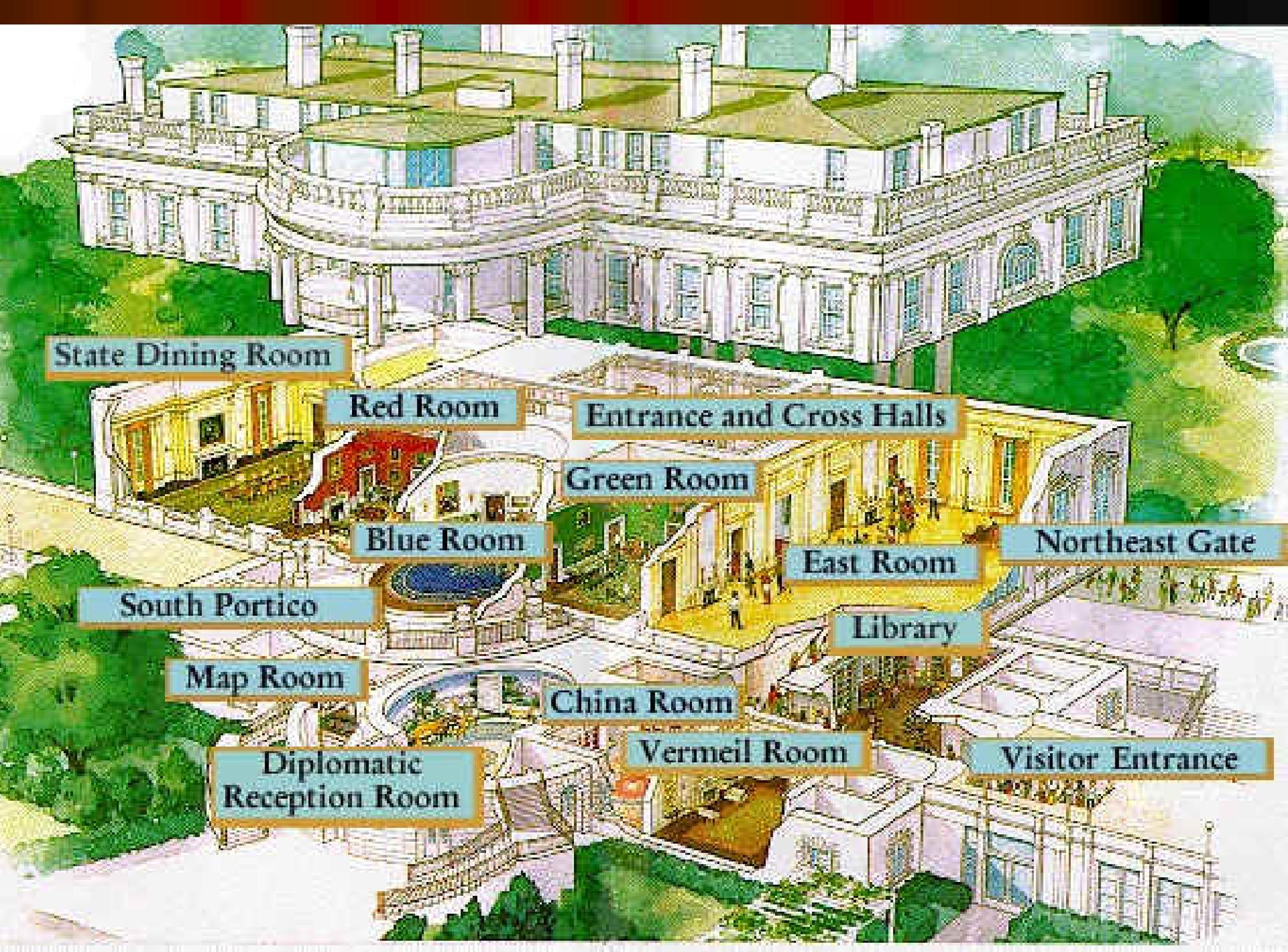
STRETCHING

- Even the British Prime Minister just designed his 10 Downing Street home through Vastu Shastra . As per U.S.A. News, January 17, 2000. The bad news is that he did not get the opportunity to use our service!
- "Ever wonder why some rooms invite you to work and others seem to suck energy from your body? . While not rooted in hard science, vastu shastrahas many fans: British Prime Minister Tony Blair, for example, had his residence, No. 10 Downing St., redesigned to give him maximum mental energy. His designer used the principles of vastu to choose the colors of doors, walls, even rugs." This article appeared in USA on 1-17-2000





The world's most political powerhouses live here. They have a tremendous amount of power and influence in International affairs due to excellent vastu-the north and the east are open. However, the wrong tune-up with the southern and the western portion deprived them individual prosperity. The right rectification through Vastu can balance that area.



State Dining Room

Red Room

Entrance and Cross Halls

Green Room

Blue Room

East Room

Northeast Gate

South Portico

Library

Map Room

China Room

Vermeil Room

Diplomatic Reception Room

Visitor Entrance

CONCLUSION

- I encourage you to understand that if your home/business is not properly Vaastu synchronized, then your health and material wealth will slowly decrease in quality. Nature is not going to come and tell you personally to fix your place according to Vaastu. In the same manner, suppose if you eat junk food all the time. You can live, however, your body cells will start burning fast and will wear out fast. Your personal life and health is good signal of Vaastu.

CONCLUSION

The path of adaptation of Vaastu Principles was keenly practiced by our ancient sages and commoners for building homes, temples, and cities. This has gained momentum in modern times. Leading Architects and Builders are offering Vaastu compliant homes to their clients. We need to get our selves convinced that Vaastu Shastra is not a hoax but a trusted science which correctly guides us in today's world of hardship and stress.

THANK YOU